A LOOK BACK
2018
ANNUAL REPORT
Mother's Heart Organization

Mother's Heart Cambodia becomes Mother's Heart Organization (MHO).
OUR VISION

No woman faces a crisis pregnancy alone
OUR MISSION

Empower, equip and educate women facing crisis pregnancies and their families through counselling, support services, medical care and community involvement so they can choose the best future for themselves and their babies.
Dear Friends of MHO,

We are pleased to share our 2018 Annual Report. We started off the year on a high note with the opening of our new crisis pregnancy service in Battambang, which will reach a very vulnerable area in the North-West of Cambodia. This was a dream the board and MHO team had for a long time and we are so thrilled for its fruition.

We could not have achieved this without the commitment and passion of our stakeholders, our financial supporters, friends and staff.

We are now entering our 8th year, how exciting it that?

MHO’s board has spent the better part of 2018 laying out a new strategic plan for the next three years. We have worked together to ensure our plan is long-lasting and tailored to the needs of the women and children who benefit from our services.

Our total number of beneficiaries last year was 213.

Last year we supported 110 single pregnant women in our program in both Phnom Penh and Battambang. 96% of them consider our services outstanding, but we know we have room for improvement.

Crisis pregnancy counselling has always been at the forefront of what we do, so women can be empowered with choices.
But what we have come to realize is that a mother’s experience in her family of origin, her past or current mental health issues and any current or unresolved conflict, loss or trauma can also effect and sometimes disrupt her transition to motherhood.

Many women in our program come from extremely vulnerable backgrounds and are in our program because of an unplanned or unwanted pregnancy. Therefore we have identified the necessity to provide outstanding ongoing trauma and well-being counselling, making sure the women we serve are provided with the best mental healthcare available to empower them into motherhood, parenting and preparation for the workforce. Our staff walk alongside each woman supporting and empowering her to be the best mother she can be, and provide a loving family for each child in our program.

As part of our strategy we are capacity building our social workers in counselling degrees and family well-being training so that they have the skills to offer high-level care, support and ongoing counselling to our single mothers.

Our board members have mapped out a plan for the future of MHO. Our commitment is that “no woman faces a crisis pregnancy alone,” no matter where they are in Cambodia.

We are looking forward to the many possibilities and the continued impact we will have serving women facing a crisis pregnancy by providing them a place where they know they will find the holistic support they need.

As I look back over the years I am truly grateful for the people who have been on this journey with us and I know that our vision is attainable, when we work together, we achieve great things.

Thank you so much.

Katrina Gliddon, Founder of MHO
2018 IMPACT
WE HAVE IMPROVED

993

LIVES SINCE 2010
Phnom Penh

90
WOMEN IN OUR PREGNANCY SUPPORT PROGRAM (PSP)

76
BABIES BORN IN OUR PSP

Battambang

20
WOMEN IN OUR PREGNANCY SUPPORT PROGRAM

17
BABIES BORN IN OUR PSP

WWW.MOTHERSHEARTCAMBODIA.ORG
$1,800
COVERS ALL COSTS FOR ONE WOMAN AND HER CHILD PER YEAR IN OUR PROGRAM

- Social Program: social care of women through counselling, family mediation, job placement, well-being, crisis intervention, alternative and foster care.
- Medical Care: antenatal care, delivery, postnatal care, immunization.
- Support Services: baby baskets, food stipend, safe housing, daycare.
- Education: educational training, vocational training, capacity building.
Background

- This has effects on their physical, mental and emotional wellbeing.
- Families and communities have rejected them. They are under representation by their village chief who seldom provides the support they need.
- As they find themselves on the margins of society, they are less likely to have access to medical care,
- Their vulnerabilities make their babies vulnerable.

41% of our women are underaged.

40% of pregnancies are from rape, trafficking or prostitution.

90% come from vulnerable backgrounds or faced exploitation.
Babies

21
Children in our partner's daycare: Little Lambs

52
Baby baskets provided with essential items to keep babies and mothers healthy.

93
Children in our pregnancy support program in 2018

44 49
2018
FINANCES
Private donors cover our operating costs, so 100% of your donation will support women experiencing a crisis pregnancy and help their children so they are raised in a loving family.
Outsourced Services: banking, insurances, accounting...
Office: furnitures, it repairs, post, internet...
Rent: rent and utilities

Staff: salaries and benefits

$73,756
- Social Program: social care of women and children
- Medical Care: nurse, midwife, healthcare services
- Support Services: baby baskets, food stipend...
- Education: educational training

$161,488
Board members

CO–CHAIRS
Katrina Gliddon
Samol Om

TREASURER
Wayne Hester

MEMBERS
Erika Ek
Kongsophat Kim
Julie Parkinson
Trevor Sworn
Head Office (Phnom Penh)

Left to right:
Emily Scott (Country Director), Sidana Touch (M&E Officer), Nara Chea (Accountant), Rebecca Tjoa (Communications Officer), Bou Somphors and Khen Rin (Tuktuk Drivers), Kimleang Ly (Admin Assistant), Sophea Choem (Cleaner).

Social Work (Phnom Penh)

Left to right:
Ruthie Giovas (Case Manager), Somphors Seong (Senior Social worker), Chealy Them (Social Worker), Nymol Sok (Counsellor), Sreyneang Yon (Counsellor), Socheat Gnan (Social Worker), Sophorn Pho (Social Worker), and Samny Lor (Midwife).
Day care staff in partnership with Little Lambs

Left to right:
Debra Kneale (Day Care Coordinator). Little Lambs Child Care workers : Sophea Rea, Gumli, Srey Louth, Chamroen Kiev.

Team Battambang

Left to right:
Sarith Choem (Program Coordinator), Chanchariya Hun (Social Worker), Sokchamroen Chea (Social Worker), Kor Sophea (Midwife), Sopheap Koh (Tuk tuk Driver).
Please accept our deepest thanks to you: our wonderful donors and supporters.

We are continually humbled by your support of our work, and joyful that we belong to a community of generous, caring individuals who are proactive about human rights and social justice.

We are honored each day to be able to help the women and babies who come through our office.

Thank you for making our vision a reality. For that we are forever grateful.

Emily Scott, Country Director

Want more stories? Subscribe to our newsletter, and follow us on Facebook so you don’t miss our stories, and our upcoming online fundraisers for Women’s Day.