Mission

Empower, equip, and educate women facing crisis pregnancy and their families through counseling, support services, medical care, and community involvement so that they can choose the best future for themselves and their babies.
Dear Friends of Mother's Heart,

It has been another amazing year, and again we have much to celebrate. As you know, MH has a very caring passionate group of local Khmer staff who work tirelessly to see girls and women and their families supported through a crisis pregnancy. I could not be more proud to witness the MH team and their commitment towards empowering, equipping, and educating women so they can make the best decision for their future and the future of their babies.

Pregnant women need support and care, but so many girls and women in Cambodia face extreme vulnerabilities and gender inequality and are doing it alone - that's an overwhelming space to be in. They are facing motherhood without people helping them and cheering them on.

We believe that all women should have access to the information, support and understanding needed to make great decisions about her life and that of her child. We are doing our best to make sure that happens, and the result is pretty spectacular as we empower a generation of strong mothers to raise great children. We are just as passionate to see every child living in a stable loving family, whether that is with their biological mother or in kinship care or a brand new Khmer family, children deserve to grow and be nurtured in a family.

Of course we do not do this alone. I cannot begin to thank every supporter and friend enough for believing in our work and standing along side of us to make this dream possible.

As I see the future of MH unfolding I believe the best is yet to come and we look forward to partnering with you into the future.

Many thanks and blessings,

Katrina Gliddon
95 total clients in our pregnancy support program

HIGHLIGHTS
July '15 - June '16

ALL babies born to moms with HIV tested negative for the virus
54 had jobs
18 attended vocational training
2 continued with studies
62 came for crisis pregnancy counseling
35 new women accepted into the pregnancy support program
4 babies in permanent foster families
14 babies cared for in kinship care
34 babies born

0 babies placed in institutions

246 total beneficiaries
1st Program

Counseling for any woman with an unplanned or unwanted pregnancy.

Learn about their choices
Agency is placed into their own hands
Be met with warmth and understanding
Referred to relevant resources
Educated on reproductive health
2nd Program

Strengthens single pregnant women's access to the following services:

- Maternal and baby medical care
- Care in hospital
- Safe housing
- Food allowance
- Baby items
- Contraception
- Ongoing counselling
- Maternal / parenting education
- Emergency and permanent foster care
- Reintegration
- Family reconciliation
- Day care
- Vocational training
- Job placement
- Kinship care
Mother’s Heart does crisis pregnancy care well. However, we don’t do medical care, mental health counseling, drug prescriptions, job search, vocational training ... the list goes on. These are things for which we dependent on the work of our deeply respected partners.

Srey Touk, three months pregnant, suffering from extreme morning sickness and a UTI, was referred to Mother’s Heart by the government maternity hospital. Mother’s Heart has become well known to hospital staff as we use them for all our client’s ante-natal, delivery and post-natal care.

Srey Touk had been in hospital ten days yet was without any of the essential care (meals, bathing, purchasing medicines) that, in Cambodia, is the role of the family to provide. Srey Touk was surrounded by broken relationships. Lying, desperately demanding attention, experiencing emotional and mental health issues, claiming a black being was there to torment her, her family had had enough and although her older brother had dropped her off, none of her family had been seen since.
Srey Touk had lived together with her boyfriend who she met while working in a factory. When she was three months pregnant, she left him, calling him abusive and saying she no longer loved him.

Because none of her family wanted to help her, Mother’s Heart partnered with a shelter where Srey Touk might stay during her pregnancy. However, when she became suicidal Mother’s Heart called on two more partners; a shelter that had a mental health counselling program and a facility that was able to assist Srey Touk with medication for her mental health issues. Srey Touk’s emotions were all over the place. She said she saw ghosts. Sometimes she would yell and swear at staff, other times she was very cooperative. At the shelter Srey Touk was able to stabilize, she stopped seeing things, and even worked at sewing for the three months preceding delivery.

Following three months maternity leave, Srey Touk began work for an organization that had a day care attached where she could remain close to her baby while she learned how to make paper flowers and greeting cards. It was here that she connected with a man from another province who wanted to marry her. Unfazed by the presence of a baby, this man took her to visit his family where his mother really liked her and invited her to join their family. So Srey Touk married and moved to his province.

Now Srey Touk works with the family selling sugar cane juice with her baby girl nearby. Her new family are even helping the couple to buy a house. Five partners together with Mother’s Heart were part of this happy outcome!
Client's Backgrounds

Women in MH program don't just come to us with crisis pregnancies. They often come with other vulnerabilities and struggles. Each client can access care and services specifically for her individual needs and strengths.
Client's Age Range

Clients entered MH pregnancy support program because:
Organisational Structure
How our finances are spent:

- Medical Services (17.58%)
- Care Services (64.88%)
- Front Line Operations (17.53%)

If you would like to see our financial audit please email mothersheart1@gmail.com.
Thank you to all of you!

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